

**5th Annual  
Sean O'Shea Foundation  
108 Sun Salutations – Winter 2011  
Saturday, December 17th @ 1:08pm  
At the Ashtanga Yoga Center  
1905 Calle Barcelona #218, Carlsbad Forum**



A non-profit organization designed to empower youth through yoga, nutrition, eco-green awareness and conservation curriculum. Last year we collected pledges for every Sun Salutation that the O'Shea family completed. Sean's brother, sister, friends, & parents will once again participate in one of Sean's favorite yoga traditions. We hope you join us on the mat or with a pledge.

All pledges support the Sean O'Shea Foundation and are tax deductible. Mail to: 3397 Hollowtree Drive, Oceanside, CA 92058. Contact the foundation for information or questions at [namaste@seanosheafoundation.org](mailto:namaste@seanosheafoundation.org) or [goya59@yahoo.com](mailto:goya59@yahoo.com). You may go to [www.seanosheafoundation.org](http://www.seanosheafoundation.org) and donate through PayPal. Deadline to collect and turn in pledges is January 5<sup>th</sup>, 2012.

NAME	EMAIL AND/OR ADDRESS	DONATION Pledge per salutation or flat pledge
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Free Foundation t-shirt for pledges of \$250 or more  
Free Foundation sweatshirt for pledges of \$500 or more  
Free signature Foundation yoga rug for pledges of \$1000 or more

The Sean O'Shea Foundation  
[www.seanosheafoundation.org](http://www.seanosheafoundation.org)  
TAX ID/EIN # 26-0355109